

# National conference on Mainstreaming of Ayurveda in Primary Health Care

04.11.2023, Saturday

Organised by

# All India Ayurvedic Specialist PG Association

Varanasi Branch (Society Reg No.- 10211)

In Association with

# Department of Dravyaguna

Faculty of Ayurveda, IMS, BHU



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# **REGISTRATION DETAILS**

Registration Fee			
Category	Before 15 <sup>th</sup> Oct 2023	After 15th Oct 2023	Spot Registration
Delegates, PG & Ph.D. Scholars	1000.00 INR	1200.00 INR	1500.00 INR
UG students	700.00 INR	800.00 INR	900.00 INR
AIASPGA Members	700.00 INR	700.00 INR	700.00 INR

Bank Account Detail -

Account Name-

All India Ayurvedic Specialists PG Association

A/C No- **27790200000510** IFSC- **BARB0BHUVAR** 

Branch- BHU. Varanasi-221005

**Contact Details-**

8755113258, 9616870871, 9140495988 Email- aiaspga.seminar@gmail.com Google Form Link-

https://forms.gle/s5iaHNFF6hEk5sq6A

#### Registration fee includes-

- 1. Conference attendance and paper presentation
- 2. One days breakfast and lunch
- 3. Conference kit and certificate. No kit will be provided to spot registration.
- 4. No accommodation will be provided. Our team can suggest nearby Hotels if needed.

# **SPONSORSHIP**

Stall Charges - 15000.00 INR

KIT Sponsor- 100000.00 INR

Breakfast Sponsor - 30000.00 INR

Lunch Sponsor- 90000.00 INR

#### **Guidelines for presentation of Papers/ Posters:**

Participants willing to present papers/posters may send abstract within 200 words for approval. They must send abstract in MS word file. Scientific committee will approve the abstract/ papers and the decision of committee will be final. After the approval of the abstract participant will be given 15 days time to submit the full paper and these will be published in peer reviewed journal. Those who are willing to present paper / poster must register as delegate. **Best paper award** will be given for best paper presentation in each session. All Rights reserved to cancel, extend & reschedule of any programme.

Last Date for submission of Abstracts Paper: 15th October 2023

Send by email to: aiaspga.seminar@gmail.com

With subject line "Abstract and Full Paper for AYUCON 23"



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# - ABOUT VARANASI -

Varanasi, or Benaras, (also known as Kashi) is one of the oldest living cities in the world. Varanasi's Prominence in Hindu mythology is virtually unrevealed. Mark Twain, the English author and literature, who was enthralled by the legend and sanctity of Benaras, once wrote: "Benaras is older than history, older than tradition, older even than legend and looks twice as old as all of them put together."

The land of Varanasi (Kashi) has been the ultimate pilgrimage spot for Hindus for ages. Hindus believe that one who is graced to die on the land of Varanasi would attain salvation and freedom from the cycle of birth and re-birth. Abode of Lord Shiva and Parvati, the origins of Varanasi are yet unknown. Ganges in Varanasi is believed to have the power to wash away the sins of mortals.

Ganges is said to have its origins in the tresses of Lord Shiva and in Varanasi, it expands to the mighty river that we know of. The city is a center of learning and civilization for over 3000 years. With Sarnath, the place where Buddha preached his first sermon after enlightenment, just 10 km away, Varanasi has been a symbol of Hindu renaissance. Knowledge, philosophy, culture, devotion to Gods, Indian arts and crafts have all flourished here for centuries. Also a pilgrimage place for Jains, Varanasi is believed to be the birthplace of Parsvanath, the twenty-third Tirthankar.

Vaishnavism and Shaivism have co-existed in Varanasi harmoniously. With a number of temples, Mrs. Annie Besant chose Varanasi as the home for her 'Theosophical Society' and Pandit Madan Mohan Malviya, to institute 'Benares Hindu University, the biggest University in Asia. Ayurveda is said to be originated at Varanasi and is believed to be the basis of modern medical sciences such as Plastic surgery, Cataract and Calculus operations. Maharshi Patanjali, the preceptor of Ayurveda and Yoga, was also affiliated with Varanasi, the holy city. Varanasi is also famous for its trade and commerce, especially for the finest silks and gold and silver brocades, since the early days.

Varanasi is associated with promotion of spiritualism, mysticism, Sanskrit, yoga and Hindi language and honored authors such as the everfamous novelist Prem Chand and Tulsi Das, the famous saint-poet who wrote Ram Charit Manas. Aptly called as the cultural capital of India, Varanasi has provided the right platform for all cultural activities to flourish. Many exponents of dance and music have come from Varanasi. Ravi Shankar, the internationally renowned Sitar maestro and Ustad Bismillah Khan, (the famous Shehnai player) are all sons of the blessed city or have lived here for major part of their lives.

# **Nearby Attraction ....**

- Kashi Vishwanath Temple
- Ganga Ghat
- Sankatmochan Temple
- · Manas Mandir
- Durgakund Temple
- Sarnath
- Namo Ghat
- Rudraksh Convention Centre
- Rajdari Water Fall
- Vindhyachal Temple & many more......







### THEME FOR PAPERS

The AYUSH systems advocate holistic wellness approach aiming at prevention of diseases and promotion of health and wellbeing.

Based on the core area related to this seminar "Role of Ayurveda in Primary Health care" Suggested sub themes may be-

- Holistic Approach to Health by Ayush
- Preventive Healthcare and Lifestyle Management
- Evidence-based Practices in primary Health
- Community Engagement and Health Education
- Disease Management and Integrative Therapies
- Preventive and promotive measures for Self care through healthy lifestyle, food, Yoga and medicinal plants
- Management of common ailments by Ayurveda
- Primary Care in Pregnancy and Child-birth
- Ayurveda in Neonatal and Infant Health Care Services
- Ayurveda in Reproductive Health Care Services
- General Out-patient Care for Acute, Simple and Minor Ailments
- Screening, Prevention, Control and Management of Non-communicable Diseases
- Care for Common Ophthalmic and ENT Problems
- Basic Oral Health Care
- Elderly and Palliative Health Care Services
- Screening and Basic Management of Mental Health Ailments

#### **AIASPGA MEMBERSHIP**

All india Ayurvedic Specialist PG Association (AIASPGA) is one of the oldest Ayurvedic Association of India established in 1979. You can also Join as Lifetime Membership after paying Lifetime Fee of ₹2000.00 only. There are many benefits to join as Lifetime Membership.

For Details may visit:- www.aiaspga.in
Also can contact us:- aiaspga.vns@gmail.com
Telegram Group link:- https://t.me/aiaspga

Whatsapp Group -

https://chat.whatsapp.com/lfmRTpS3mWa876yU5dJ8Q4

#### **AIASPGA AWARDS**

On the Occasion of this seminar Team AIASPGA announces "AIASPGA Awards 2023" on the auspicious occasion of Dhanwantari Jayanti (Dhanteras 2023). Total 6 Nominated Ayurveda Teachers/Practitioners will be scrutinized in two categories i.e. 3 in Teachers Category & 3 in Practitioners Category and selected by the Jury Members.

- For Nomination, interested Ayurved Practitioner have to fill the given Google form.
- Selected Vaidyas will be felicitated in Seminar on 04.011.2023 at Varanasi.
- The Award will include a Certificate & Medal/Trophy.
- Eligibility criteria- Only Post Graduate Teacher/ Practitioners of Ayurveda along with any other recognised Ayurveda Degree holders are eligible.

#### Awards:-

- Charak Award for Teachers 3 Awards
- Dhanwantari Award for Practitioner 3 Awards

#### Rules& Regulations:-

- The Nomination can be made by filling the Google form only. If anyone wants to propose the name of any Vaidya, he also must fill the same Google Form for concerned Vaidya with all details.
- The Nominated Teacher/Practitioners must be Lifetime member of AIASPGA & has Registered in this Seminar. Any Teacher/ Practitioners can join Lifetime membership by depositing fee of 2000.00 INR by visiting website.
- Ayurveda Teacher/ Practitioners will be short listed from the entries on the basis of credentials and merit list. selection will be based on Academic qualification, Research Experience, Clinical Experience, Patents & Authorships.
- 3 eminent Ayurveda teachers & 3 practitioners will be selected from the Applicants by the Jury Members through extensive selection process.
- Last Date for the NOMINATION is 15th Oct 2023.
- The decision of Jury Members and Management Committee will be final in case of any dispute. All rights reserved to cancel, modify or extend any events.
- After filling google form, Send all your Documents on email - aiaspga.vns@gmail.com

For Nomination Please click the link given below - https://forms.gle/VDzcUUEu2MPTtMX79

For More Information -Mob- 8755113258, 9616870871, 9140495988

Email: aiaspga.vns@gmail.com Website: www.aiaspga.in



Award Nomination Google form QR Code